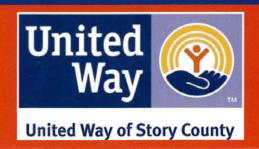


Easy, Free, Confidential Help.

DIAL 2-1-1

24 hours a day, 7 days a week. For Emergencies, Dial 911



Need non-emergency help?

Are you unsure of how to find services to help a family member, a friend or yourself?

Make 2-1-1 your **first call** when you have a question, problem or don't know where to turn.

2-1-1 is where you start

Whether you need to find after-school care, counseling, care for an aging parent, food for your family or help in making ends meet.

United Way's 2-1-1 provides confidential, easy-to-use and free access to information you need.

When to use 2-1-1

Call 2-1-1 anytime you need nonemergency help, or if you want to offer help as a volunteer in your community.

When to use 911

Call 911 when you need immediate fire, police or emergency assistance.

Dial 2-1-1

You'll be connected with a trained, professional specialist who is ready to help find answers 24 hours a day, 7 days a week.

Visit United Way's 2-1-1 online at www.211iowa.org.



