



CICS

Supporting Individuals. Strengthening Communities.



*Central Iowa Community Services
Mental Health and Disability Services*

Adult Service Directory

Serving the Counties of:
Boone • Cerro Gordo • Franklin • Greene • Hamilton • Hancock • Hardin
Jasper • Madison • Marshall • Poweshiek • Story • Warren • Webster • Wright



The information in this directory is as accurate as the information given to CICS on this date: August 1, 2020. If you find an error or item that needs to be updated please email annie.koch@cicsmhds.org. Thank you.



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CICS Regional Staff

Regional CEO: Russell Wood	641-456-2128
Regional Coordination Officer: Linn Adams	641-939-8168
Regional Finance Officer: Betsy Stursma	515-961-1068
Regional Planning Officer: Patti Treibel Leeds	515-832-9550
Regional Operations Officer: Karla Webb	515-663-2945
Coordinator of Children’s Behavior Health: Robin McKee	641-456-2128
Lead Service Coordinator: Liza Howard	515-962-5128
Service Coordination Specialist: Meghan Freie	641-456-2128

Boone

Local Coordinator of Disability Services: Kim Schomaker 515-433-4883

Cerro Gordo

Local Coordinator of Disability Services: Jessica Crawford 641-494-3551
Starla Varrelman 641-494-3550

Franklin

Local Coordinator of Disability Services: Robin McKee 641-456-2128

Greene

Local Coordinator of Disability Services: Kim Schomaker 515-433-4883

Hamilton

Local Coordinator of Disability Services: Carrie Hisler 515-832-9550

Hardin

Local Coordinator of Disability Services: Jodi Hamilton 641-939-8165

Hancock

Local Coordinator of Disability Services: Jessica Crawford 641-373-4735

Jasper

Local Coordinator of Disability Services: Jarica White 641-791-2304, ext. 2

Madison

Local Coordinator of Disability Services: Christy Christenson 515-493-1453



Marshall

Local Coordinator of Disability Services: Lisa Soder 641-754-6390

Poweshiek

Local Coordinator of Disability Services: Brenda Daily 641-236-9199

Story

Local Coordinators of Disability Services:

Nikki Sprecher 515-663-2939

Kathy Johnson 515-663-2941

Tyler Lennon 515-663-2931

Staci Shugar 515-663-2947

Warren

Local Coordinator of Disability Services: Jess Van De Voort 515-961-1075

Webster

Local Coordinator of Disability Services: Brittany Baker 515-689-6012

Wright

Local Coordinator of Disability Services: Carrie Hisler 515-297-0071

Community Drop-In Services

Boone

The Rose Center 515-298-4394

Franklin

CICS Center of Franklin County 641-373-3853

Greene

The Rose Center (in Boone but Greene residents can attend) 515-298-4394

Hamilton

Friends Forever Social Education Center 515-832-9550



Hardin	
Friendship Club of Hardin County	641-648-7500
Marshall	
Mid Iowa Triumph Recovery Center	641-751-7656
Poweshiek	
Capstone Behavioral Healthcare	641-521-7535
Station Clubhouse	641-236-5325
Story	
NAMI Central Iowa	515-292-9400
Webster	
Freedom Pointe	515-408-5917

Supported Community Living Programs

All Counties	
Mary Greeley Medical Center Transitional Living Center – Subacute	515-239-6747
Boone	
Imagine the Possibilities	563-652-5252
Cerro Gordo	
43 North Iowa	641-424-8708
Faith and Family	855-970-6296
Northstar	641-494-2540
One Vision	641-357-5277
Spring Harbor	641-201-8990
Franklin	
Access, Inc.	641-456-2532
Spring Harbor	641-201-8990
Greene	
Imagine the Possibilities	563-652-5252



Hamilton

Friends Forever Social Education Center
One Vision

515-832-9550
515-823-9620

Hancock

Duncan Heights

641-923-3337

Hardin

Access, Inc.
Central Iowa Residential Services, Inc. (CIRSI)

641-456-2532
641-648-2316

Jasper

Capstone Behavioral Healthcare
Optimae Life Services
Progress Industries

641-792-4012
641-787-9133
641-792-6119

Madison

Imagine the Possibilities
Optimae

563-652-5252
515-993-4973

Marshall

Central Iowa Residential Services, Inc. (CIRSI)
Lutheran Services Iowa
North Star Community Services
REM Iowa
Optimae Life Services

641-752-5762
641-328-1040
641-754-4842
641-753-4133
641-351-4447

Poweshiek

Capstone Behavioral Healthcare
Central Iowa Residential Services

641-792-4012
641-236-5774

Story

Capstone Behavioral Healthcare
Optimae Life Services
Progress Industries

641-792-4012
641-787-9133
641-792-6119



Warren

Imagine the Possibilities	515-961-6918
Christian Opportunity Center	515-961-3653
Eyerly Ball CMHC	515-241-0982

Webster

LifeWorks Community Services	515-576-3114
One Vision	515-573-7261
Family Resource Center	515-573-7261

Wright

Access, Inc.	641-456-2532
Mosaic North Iowa	515-532-3221
One Vision	515-448-5464

Mobile Crisis Services

All Counties

Eyerly Ball - Foundation 2 Dispatches	1-844-258-8858
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Residential Based Crisis Stabilization

All Counties:

Safe Harbor	515-438-2331
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Non-Emergency Police and Sheriff

Boone

Boone County Sheriff's Office	515-433-0524
Boone Police Department	515-422-3456
Madrid Police Department	515-795-3113
Ogden Police Department	515-275-4562

Cerro Gordo

Cerro Gordo County Sheriff's Office	641-421-3000
Clear Lake Police Department	641-357-2186



Manly Police Department	641-454-2114
Mason City Police Department	641-421-3636
Nora Springs Police Department	641-749-5588
Rockwell Police Department	641-822-3690

Franklin

Ackley Police Department	641-847-2222
Dows Police Department	515-852-4327
Franklin County Sheriff's Office	641-456-2731
Hampton Police Department	641-456-2529
Sheffield Police Department	641-892-4301

Greene

Greene County Law Enforcement Center	515-386-2136
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Hamilton

Ellsworth Police Department	515-836-2133
Hamilton County Sheriff's Office	515-832-9500
Jewell Police Department	515-827-5477
Webster City Police Department	515-832-9166

Hancock

Britt Police Department	641-843-3822
Garner Police Department	641-923-2621
Hancock County Sherriff	641-923-2621
Kanawha Police Department	641-762-3632

Hardin

Ackley Police Department	641-847-2222
Eldora Police Department	641-939-3333
Hardin County Sheriff's Office	641-939-8190
Iowa Falls Police Department	641-648-6464

Jasper

Baxter Police Department	641-227-3594
Colfax Police Department	515-674-9668 / 515-674-4096
Jasper County Sheriff's Office	641-792-5912



Monroe Police Department	641-259-2311
Newton Police Department	641-791-0850
Prairie City Police Department	515-994-2649

Madison

Earlham Police Department	515-582-2281
Madison County Sheriff's Office	515-462-3575
St. Charles Police Department	641-228-3366
Winterset Police Department	515-462-1423

Marshall

LeGrand Police Department	641-479-2464
Marshall County Sheriff's Office	641-754-6380
Marshalltown Police Department	641-754-5725
State Center Police Department	641-483-2107

Poweshiek

Grinnell Police Department	641-236-2670
Poweshiek County Dispatch	641-623-5679

Story

Ames Police Department	515-239-5133
Huxley Police Department	515-597-2002
Iowa State University Department of Public Safety (DPS)	515-294-4428
Nevada Police Department	515-382-4593
Story City Police Department	515-733-2646
Story County Sheriff's Office	515-382-6566

Warren

Carlisle Police Department	515-989-3224
Indianola Police Department	515-961-9400
Norwalk Police Department	515-981-0666
Warren County Sheriff's Office	515-961-1122

Webster

Fort Dodge Police Department	515-573-2323
Webster County Sheriff's Office	515-573-1410



Wright

Belmond Police Department	641-444-3386
Clarion Police Department	515-532-2515
Eagle Grove Police Department	515-448-4793
Wright County Sherriff's Office	515-532-3722

Mental Health Providers/Therapy Services

Boone

Access	1-800-432-3606 / 515-432-3606
Community and Family Resources	515-576-7261
Counseling for Growth and Change/Lori Nelson-Salsbury	515-432-8687
Crisis Child Care	515-460-2423
Eyerly Ball Community Health Center	515-598-3300
Healing Hearts Therapy/Peggy Clark	515-432-3206
Imagine the Possibilities - Boone	515-432-7288
Imagine the Possibilities - Perry	515-465-7541
KW Counseling / Kevin Wilson	515-720-1544
Lutheran Services in Iowa -LSI / Scott Caldwell, LISW	563-322-7419, ext. 15
River Valley Clinic - Jeremy Stumbo	515-290-2259
William Martin, PhD	515-433-0343

Cerro Gordo

Anastasi Counseling Services	641-423-4180
Catholic Charities	641-424-9683
Families First	319-433-0395
Generations Counseling	641-357-0272
Mason City Psychiatry	641-494-5170
Prairie Ridge Integrated Behavioral Healthcare	641-424-2391
Turning Leaf Counseling Services	641-421-2089

Franklin

Ascend Therapy and Wellness - Tuyet Noriega, MA, tLMHC	319-242-2606
Behavioral Health Options	641-512-5565
Berryhill Center for Mental Health	800-482-8305
Central Iowa Recovery	641-373-0182
Iowa Specialty Clinic	641-812-1094



Mason City Clinic 641-494-5170
Prairie Ridge 641-456-2365

Greene

Plains Area Mental Health Center 712-792-2991

Hamilton

Berryhill Center for Mental Health 515-955-7171
Central Iowa Recovery 515-832-9550
Lutheran Social Services 515-832-3043
Van Diest Medical Center 515-832-9400

Hancock

Hancock County Health System 641-843-5050
Hancock County Health system 641-923-2651
Prairie Ridge Integrated Behavioral health 641-424-2391

Hardin

Achieve Mental Health 641-648-4010
Center Associates 641-752-1585

Jasper

Capstone Behavioral Healthcare 641-792-4012
CareMore 515-989-6001
Dr. Karen Quinn PHD 641-275-9276
Dr. Sally Kuhn ARNP 641-521-5557
House of Mercy 641-792-0717
Integrated Treatment Services 641-792-0045
Megan Berryhill ARNP 641-275-7759
Optimae Life Services 641-787-9133
Tammy Foster Harber 641-787-0026

Madison

Adel Mental Health 515-993-1919
Borst counseling Services, LLC 515-240-9474
Crossroads Mental Health Center 515-462-3105
Full Circle Therapy 712-352-0837



Optimae Life Services	515-993-4973
Turning Point Evaluation, Inc.	515-462-5967

Marshall

Center Associates	641-752-1585
	After Hours: 800-896-2055
Grace C. Mae Advocate Center	641-753-1289
In Perspective, PLLC	641-753-0440
Integrated Health Services (IHS)	641-752-1585
Midwest Counseling	641-352-3031
Moonstone Wellness	515-393-4270
Optimae Life Services	641-351-4447
Steiner & Associates	641-844-1200
Substance Abuse Treatment Unit of Central Iowa (SATUCI)	641-752-5421

Poweshiek

Berryhill Center for Mental Health	641-275-7759
Bridget Baechtel, LISW	641-236-4323
Capstone Behavioral Healthcare	641-260-8270
Central Iowa Juvenile Detention Center (CIJDC)	641-858-3852
Creative Hope Counseling	641-226-2665
Davis Psychological	641-236-0632
Dr. Huan Jacqueline Perman	352-872-8669
Healthy Homes Family Services	641-236-0273
Jeff Wells	641-236-4680
Kun-Hong Lu	641-236-8811
Midwest Counseling	641-236-1644
SATUCI	641-236-8662
Steiner and Associates	641-844-1200

Story

5th Street Mental Health Professionals	515-232-2051
Ames Counseling and Psychological Services	515-239-4410
Ames Counseling Center	515-233-8473
Ames Psychological Wellness Center	515-292-9251
Ames Therapy and Consulting	515-337-1380 / 515-450-5230
CareMore	515-989-6001



Catalyst Counseling	515-232-5340
Catholic Charities	515-296-2759
Central Iowa Psychological Services (CIPS)	515-233-1122
Clear Brook Counseling Professionals	515-337-1764
Clinical Associates of Ames	515-292-2703
Community & Family Resources (CFR)	515-232-5811
Compass Tree Counseling	515-233-3971
Connecting Foundations on Grand, LLC.	515-232-1689
Cornerstone Counseling Center	515-599-8904
Creative Counseling Services, Inc.	515-233-1699
Crossroads Counseling	515-292-1813
Cultivate Wellness Counseling	515-212-7379
Eyerly Ball Community Mental Health Center	515-598-3300
Flourishing Engagements	515-450-9658
Heart & Solutions	800-531-4236
Heartland Mental Health Therapy	515-520-9703
Innovative Counseling & Consulting, Inc.	515-235-5224
Iowa State University Student Counseling	515-294-5056
Iowa State University Thielen Student Health Center	515-294-5801
Journey Counseling & Consultation	515-292-9697
Kai Lani Center, LLC	515-338-2929
Kavanaugh Counseling and Consulting, LLC	515-585-1035
Life Connections	641-903-7759
Lutheran Services of Iowa (LSI)	515-232-7262 / Referrals: 888-457-4692
Mary Greeley Medical Center – OP Bx Health	515-239-6888
New Journey Counseling	515-232-1977
Network Community Counseling Services	515-294-1898
Okerberg and Associates	515-577-6595
Optimae Behavioral Health	515-243-3525
River Valley Therapy Clinic	515-290-2259
Vine Christian Counseling	515-233-3977

Warren

Bailey Saal, LISW	515-321-8071
Borst Counseling	515-240-9474
CareMore	515-989-6001
Choices Therapy Services	515-279-0111



Eyerly-Ball Community Mental Health Center	515-243-5181
House of Mercy	515-358-7610
Patti Campidilli	515-962-9126
Peace of Mind Counseling Services	515-962-5561
Team Restoration Ministries	515-238-9010
Unity Point Clinic - Indianola	515-961-3700
Unity Point Clinic - Norwalk	515-285-3200

Webster

Berryhill Mental Health Center	515-955-7171
Community Health Center	515-576-6500
Genesis Mental Health Associate LLC	515-576-6441
Catholic Charities	515-576-4156
Grace Counseling & Consulting LCC	515-206-1662
Sayer Counseling	515-576-8119
Mid-Iowa Family Therapy Clinic	515-573-5128
Integrative Counseling Practices	712-790-9318
Authentic Therapy Of Iowa	515-570-2338

Wright

Berryhill – Clarion	515-955-7171
Berryhill – Eagle Grove	515-448-5185
Iowa Specialty Clinic – Belmond and Clarion	844-474-4321

Shelter Services (Homeless Shelters)

Cerro Gordo

Northern Lights	641-380-0047
Trinity House of Hope	641-423-5920

Franklin

Northern Lights Alliance for the Homeless Shelter	641-380-0047
Trinity House of Hope Women's Shelter	641-423-5920

Jasper

Crisis Intervention Services	844-673-5499
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Madison

Youth Emergency Services & Shelters (YESS)	515-282-9377
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Poweshiek

Central Iowa Shelter & Services	515-284-5719
Crisis Intervention Services	844-673-5499
Emergency Shelter Care	641-937-5272 / 641-682-3449
Family Crisis Center	641-683-1750 / 641-799-2370
	Crisis Line: 800-464-8340
Harbor of Hope	515-244-0370
Hope Ministries/Bethel Mission	515-244-5445
House of Mercy	515-643-6500
Kingdom Living	Email only (see Index)
Ottumwa Community Outreach Ministry	641-684-2099
Rhonda's House	563-659-1171
Shelter House	319-351-0326
Shelter Housing Corporation dba The Bridge Home (Formerly ERP)	515-232-8075
Waypoint	319-365-1458
Willis Dady Shelter	319-362-7555
Winter Shelter	319-499-8004

Story

ACCESS	515-292-0500
Shelter Housing Corporation dba The Bridge Home (Formerly ERP)	515-232-8075

Warren

Youth Emergency Services & Shelters (YESS)	515-282-9377
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Wright

Beacon of Hope	515-955-3366
Lotus Community Project	515-571-8802

Hospitals

Boone

Boone County Hospital	515-423-3140
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Cerro Gordo MercyOne	641-428-7000
Franklin Franklin General Hospital	641-456-5000
Greene Greene County Medical Center	515-386-2114
Hamilton Van Diest Medical Center	515-832-9400
Hardin Hansen Family Hospital	641-648-7000
Jasper MercyOne Newton Medical Center	641-792-1273
Madison Madison County Memorial Hospital	515-462-2373
Marshall Unity Point Health	641-754-5151
Poweshiek Grinnell Regional Medical Center	641-236-7511
Story Mary Greeley Medical Center Story County Medical Center	515-239-2011 515-382-2111
Warren (utilizes Des Moines Hospitals for ER Services) Broadlawns Medical Center Iowa Methodist Medical Center MercyOne Des Moines Medical Center MercyOne West Des Moines Medical Center UnityPoint Health - Iowa Lutheran Hospital	515-282-2200 515-241-6212 515-247-3121 515-358-8000 515-263-5612



Webster

Unity Point Trinity Regional Medical Center

515-573-3101

Wright

Iowa Specialty Hospital – Belmond

844-474-4321

Iowa Specialty Hospital – Clarion

844-474-4321

Domestic Violence/Sexual Assault Services

Boone

ACCESS

515-432-3606

Cerro Gordo

Crisis Intervention Services

641-424-9133

Franklin

Crisis Intervention Services

641-456-8949

Greene

ACCESS

515-292-0500

Hamilton

Domestic Sexual Assault Outreach Center (DSAOC)

515-955-2273

888-356-2006

Hardin

Crisis Intervention Services

641-939-8186

Jasper

Crisis Intervention Services

Main Office: 641-670-1505

Emergency housing Line: 1-844-673-5499

Sexual Assault Line: 1-800-270-1620

Madison

Crisis Intervention & Advocacy Center

515-993-4095



Marshall
ACCESS

Domestic Abuse Crisis Line: 515-292-0519
Sexual Abuse Crisis Line: 515-292-5378
Sexual Assault and Trafficking Crisis Line: 515-292-5378

Poweshiek

Crisis Intervention Services

Main Office: 641-670-1505
Emergency Housing Line: 1-844-673-5499
Sexual Assault Line: 1-800-270-1620

Story

ACCESS

515-292-0500

Webster

Domestic Sexual Assault Outreach Center

515-955-2273
888-356-2006

Wright

Crisis Intervention Services

641-530-1003

Youth Serving Agencies

All Counties

see the *CICS Children's Services Directory Document*



Definitions

Community Drop-In Services

Serves those who have experienced mental/emotional problems; a comfortable environment within the community where individuals feel safe, supported, and accepted; the center can help individuals work on developing social and life skills by supplying the resources needed for them to lead their own recovery.

Supported Community Living Programs

Assistance with learning skills such as cooking, cleaning and money management. These skills are taught one on one, in your home and in the community.

Mobile Crisis Services

Teams of professionals provide on-site, face-to-face mental health services for an individual or family experiencing a mental health crisis. They can respond wherever the crisis is occurring – in an individual’s home, the community, or other locations where an individual lives, works, attends school, or socializes.

Residential Based Crisis Stabilization

A place to stay during a mental health crisis. Private rooms are provided, as well as therapy, medication evaluation and help making a plan for when you are ready to leave.

Mental Health Providers/Therapy Services

Individual counseling and med management.

Shelter Services – Adults and Children

A temporary, safe place to stay.



#

5th Street Mental Health Professionals

600 5th St., Suite 200

Ames, IA 50010

P. 515-232-2051

www.5thstreetmhp.com

A

ACCESS

1525 Airport Rd., Suite 101

Ames, IA 50010

P. 515-292-0500

F. 515-292-0505

www.assaultcarecenter.org

16 E. Main St.

Marshalltown, IA 50158

P. Crisis Lines:

515-292-0519 Domestic Abuse

515-292-5378 Sexual Abuse

515-292-5378 Sexual Assault & Trafficking

www.assaultcarecenter.org

328 Corporal Roger Snedden Dr.

Boone, IA 50036

P. 515-432-3606/1-800-432-3606

www.assaultcarecenter.org

Achieve Mental Health

814 Railroad

Iowa Falls, IA 50126

P. 641-648-4010

www.achievementalhealth.com

Ackley Police Department

208 State

Ackley, IA 50601

P. 641-847-2222

Adel Mental Health

309 S 7th St.

Adel, IA 50003

P. 515-993-1919

F. 515-993-1922

www.adelmentalhealth.com

Ames Counseling and Psychological Services

3600 W Lincoln Way, Suite 4

Ames, IA 50014

P. 515-239-4410

www.amespsvch.com

Ames Counseling Center

319 Lincoln Way

Ames, IA 50010

P. 515-233-8473

www.amescounselingcenter.com

Ames Police Department

515 Clark Ave.

Ames, IA 50010

P. 515-239-5133

Ames Psychological Wellness Center

3510 Lincoln Way, Suite 300

Ames, IA 50014

P. 515-292-9251

F. 844-895-6179

www.ameswellnesscenter.com

Ames Therapy and Consulting

1103 Buckeye Ave., #104

Ames, IA 50010

P. 515-337-1380 or 515-450-5230

www.amestherapy.com

Ascend Therapy and Wellness

Tuyet Noriega, MA, tLMHC

123 1st Ave. SW

Hampton, IA 50441

P. 319-242-2606

B

Bailey Saal, LISW

1202 E 2nd Ave.

Indianola, IA 50125

P. 515-321-8071

Baxter Police Department

100 E. State St.

Baxter, IA 50028

P. 641-227-3594

Beacon of Hope

1021 1st Ave. N

Fort Dodge, IA 50501

515-955-3366

Behavioral Health Options

123 1st Ave. SW

Hampton, IA 50441

P. 641-512-5565



Berryhill Center for Mental Health

709 1st Ave. W., Suite 3
 Newton, IA 50208
 P. 641-275-7759
www.unitypoint.org

123 1st Ave. SW
 Hampton, IA 50441
 P. 800-482-8305
www.unitypoint.org

500 Fairmeadow Dr.
 Webster City, IA 50595
 P. 515-955-7171
www.unitypoint.org

Boone County Hospital

1015 Union St.
 Boone, IA 50036
 P. 515-423-3140
www.boonehospital.com

Boone County Sheriff's Office

1019 W. Mamie Eisenhower Ave.
 Boone, IA 50036
 P. 515-433-0524

Boone Police Department

23 8th St.
 Boone, IA 50036
 P. 515-422-3456

Borst Counseling Services, LLC

2601 Border St.
 Norwalk, IA 50211
 P. 515-2409474
www.borstcounselingservices.com

4124 Fleur Dr. Suite 11C

Des Moines, IA 50307
 P. 515-240-9474
www.borstcounselingservices.com

Bridget Baechtel, LISW

122 4th Ave.
 Grinnell, IA 50112
 P. 641-236-4323

Broadlawns Medical Center

1801 Hickman Rd.
 Des Moines, IA 50314
 P. 515-282-2200
www.broadlawns.org

Capstone Behavioral Healthcare

1123 1st Ave. E., Suite 200
 Newton, IA 50208
 P. 641-521-7535
www.capstonebh.com

200 4th Ave. West
 Grinnell, IA 50112
 P. 641-260-8270
www.capstonebh.com

306 N. 3rd Ave. E.
 Newton, IA 50208
 P. 641-792-4012
www.capstonebh.com

CareMore

1530 E. Euclid Ave.
 Des Moines IA 50313
 P. 515-989-6001
www.caremore.com

Carlisle Police Department

195 N. First St.
 Carlisle, IA 50047
 P. 515-989-3224

Catalyst Counseling

600 5th, St. #302
 Ames, IA 50010
 P. 515-232-5340
www.catalystcounseling.com

Catholic Charities

2210 Lincoln Way
 Ames, IA 50014
 P. 515-296-2759
www.catholiccharitiesdm.org

Center Associates

9 N. 4th Ave.
 Marshalltown, IA 50158
 P. 641-752-1585, After Hours: 800-896-2055
www.centerassoc.com

Central Iowa Juvenile Detention Center (CIJDC)

2317 Rick Collins Way
 Eldora, IA 50627
 P. 641-858-3852 F. 641-858-5839
www.cijdc.com



C, cont.

Central Iowa Psychological Services (CIPS)

223 S. Walnut
Ames, IA 50010
P. 515-233-1122 F. 515-233-6500
www.iowacounseling.com

Central Iowa Recovery (CIR)

123 1st Ave. SW
Hampton, IA 50441
P. 641-373-0182
www.centraliowarecovery.org

1610 Collins St.
Webster City 50595
P. 515-832-9550
www.centraliowarecovery.org

210 W. Ashland
Indianola, IA 50125
www.centraliowarecovery.org

Central Iowa Residential Services, Inc. (CIRSI)

111 Linn St.
Marshalltown, IA 50158
P. 641-752-5762
www.cirsi.org

220 Oak St.
Iowa Falls, IA 50126
P. 641-648-2316
www.cirsi.org

Central Iowa Shelter & Services

1420 Mulberry St.
Des Moines, IA 50309
P. 515-284-5719
www.centraliowashelter.org

Choices Therapy Services

1011 N. Jefferson Way, Suite 800
Indianola, IA 50125
P. 515-279-0111
www.choicestherapyservices.org

Christian Opportunity Center

1602 N. 14th St.
Indianola, IA 50125
P. 515-961-3653
www.christianopportunity.org

CICS Center of Franklin County

214 4th St. SE
Hampton, IA 50441
P. 641-373-3853

Clear Brook Counseling Professionals

614 Billy Sunday Rd. Suite 100
Ames, IA 50010
P. 515-337-1764 F. 515-337-0480
www.clearbrookcounselingprofessionals.com

Clinical Associates of Ames

511 Duff Ave. Suite 100
Ames, IA 50010
P. 515-292-2703

Colfax Police Department

19 E. Howard
Colfax, IA 50054
P. 515-674-9668 or 515-674-4096

Community & Family Resources (CFR)

211 Ave. M West
Fort Dodge IA 50501
P. 515-576-7261 F. 515-955-7628
www.cfrhelps.org

1619 S. High Ave.
Ames, IA 50010
P. 515-232-5811 F. 515-232-3780
www.cfrhelps.org

823 Keeler St.
Boone, IA 50036
P. 515-576-7261 F. 515-433-0429
www.cfrhelps.org

Community Support Advocates

6000 NW Aurora Ave.
Des Moines, IA 50322
P. 844 883-1776 F. 515-883-2171
www.teamcsa.org

Compass Tree Counseling

600 5th St., Suite 300
Ames, IA 50010
P. 515-233-3971 F. 877-522-5014
www.compasstree.org

Connecting Foundations on Grand, LLC

517 Grand Ave., Suite 102
Ames, IA 50010
P. 515-232-1689
www.connectingfoundations.com



Cornerstone Counseling Center

4720 Mortensen Rd. Ste. 102

Ames, IA 50014

P. 515-599-8904

www.cornerstone-counseling.com**Counseling for Growth and Change****Lori Nelson-Salsbury**

915 8th St.

Boone, IA 50036

P. 515-432-8687

www.counselingforgrowthandchange.com**Creative Counseling Services, Inc.**

214 5th St.

Ames, IA 50010

P. 515-233-1699

www.ccsames.org**Creative Hope Counseling**

106 N 8th St.

Montezuma, IA 50171

P. 641-226-2665

Crisis Intervention & Advocacy Center

110 W. Court

Winterset, IA 50273

P. 515-993-4095 F. 515-993-2131

www.cppconline1.com/resources**Crisis Intervention Services**

1201 14th Ave.

Eldora, IA 50627

P. 641-939-8186

Crisis Intervention Services

420 4th St. SE

Hampton, IA 50441

P. 641-456-8949

www.cishelps.org**Crisis Intervention Services**

810 5th Ave., Suite 1

Grinnell, IA 50112

P. 641-670-1505 office

1-844-673-5499 - Emergency housing

1-800-270-1620 - Sexual Assault line

www.stopdvsa.org**Crisis Intervention Services**206 3rd St. NE

Mason City, IA 50401

P. 641-424-9133

Crisis Intervention Services

207 A Ave. E

Oskaloosa, IA 52577

P. 844-673-5499

www.stopdvsa.org**Crisis Intervention Services**

(Wright County)

P. 641-530-1003

Crisis Line/Mobile Crisis Response Dispatch

1-844-258-8858

www.unitypoint.org**Crossroads Behavior Health Center**

102 W. Summit

Winterset, IA 50273

P. 515-462-3105

www.crossroadsbhcs.org**Crossroads Counseling**

113 Colorado Ave.

Ames, IA 50014

P. 515-292-1813

Cultivate Wellness Counseling

214 5th St.

Ames, IA 50010

P. 515-212-7379

www.cultivatewellnessames.com

D

Davis Psychological

809 5th Ave.

Grinnell, IA 50112

P. 641-236-0632

F. 888-890-2713

www.davispsychservices.com**Domestic Sexual Assault Outreach Center (D/SAOC) –
Crisis based shelter**

P. 515-955-2273 or 888-356-2006

F. 515-955-1958

www.dsaoc.com**Dows Police Department**

PO Box 352

Dows, IA 50071

P. 515-852-4327



D, cont.

Dr. Karen Quinn, PHD

501 W 3rd St. N
Newton, IA 50208
P. 641-275-9276

Dr. Sally Kuhn, ARNP

1422 1st Ave. E.
Newton, IA 50208
P. 641-521-5557

Dr. Huan Jacqueline Perman

827 1/2 Broad St., Apt. 1
Grinnell, IA 50112
P. 352-872-8669

E

Earlham Police Department

140 S. Chestnut
Earlham, IA 50072
P. 515-582-2281

Eldora Police Department

1442 Washington
Eldora, IA 50627
P. 641-939-3333

Ellsworth Police Department

1551 Dewitt St.
Ellsworth IA 50075
P. 515-836-2133

Emergency Shelter Care

6941 Ashland Rd.
Agency, IA 52530
P. 641-937-5272 or 641-682-3449

F

Family Crisis Center

1014 N Elm St.
Ottumwa, IA 52501
P. 641-683-1750 or 641-799-2370
800-464-8340 Crisis Line
www.ottumwacrisiscenter.com

Flourishing Engagements

113 Colorado Ave., Suite 203
Ames, IA 50014
P. 515-450-9658

Franklin County Sheriff's Office

105 5th St. SW
Hampton, IA 50441
P. 641-456-2731

Franklin General Hospital

1720 Central Ave. E, Suite A
Hampton, IA 50441
P. 641-456-5000
www.mercyonenorthiowaaffiliates.org

Friends Forever Social Education Center

500 Fairmeadow Dr.
Webster City, IA 50595
P. 515-832-9550
www.friendsforeversec.org

Friendship Ark, Inc.

130 S. Sheldon Ave. #203
Ames, IA 50014
P. 515-292-9556
www.friendshipark.org

Friendship Club of Hardin County

PO Box 622
602 S. Oak
Iowa Falls, IA 50126
P. 641-648-7500

Full Circle Therapy

111 N 2nd Ave.
Winterset, IA 50273
P. 712-352-0837
www.fullcircletherapviowa.com

G

Grace C. Mae Advocate Center

2501 S. Center St.
Marshalltown, IA 50158
P. 641-753-1289
www.advocatecenter.org

Greene County Law Enforcement Center

204 S. Chestnut St.
Jefferson, IA 50129
P. 515-386-2136



Greene County Medical Center

1000 W. Lincolnway
 Jefferson, IA 50129
 P. 515-386-2114
www.gcmchealth.com

Grinnell Police Department

1020 Spring St.
 Grinnell, IA 50112
 P. 641-236-2670

Grinnell Regional Medical Center

210 4th Ave.
 Grinnell, IA 50112
 P. 641-236-7511
www.unitypoint.org

Healthy Homes Family Services

812 Commercial St.
 Grinnell, IA 50112
 P. 641-236-0273
www.healthyhomesfs.com

Heart & Solutions

PO Box 233
 Grundy Center, IA 50638
 P. 800-531-4236
www.heartandsolutions.net

511 Duff Ave.
 Ames, IA 50010
 P. 800-531-4236
www.heartandsolutions.net

Heartland Mental Health Therapy

328 Main St.
 Ames, IA 50010
 P. 515-520-9703

Hope Ministries/Bethel Mission

1310 6th Ave.
 Des Moines, IA 50314
 P. 515-244-5445
www.hopeiowa.org

House of Mercy

1409 Clark St.
 Des Moines, IA 50314
 P. 515-643-6500
www.mercvone.org

200 N. 8th Ave. E.
 Newton, IA 50208
 P. 641-792-0717
www.mercvone.org

310 N. Buxton St.
 Indianola, IA 50125
 P. 515-358-7610
www.mercvone.org

Huxley Police Department

515 N Main
 Huxley, IA 50124
 P. 515-597-2002

Hamilton County Sheriff's Office

2300 Superior St.
 Webster City, IA 50595
 P. 515-832-9500

Hampton Police Department

17 2nd St. NW
 Hampton, IA 50441
 P. 641-456-2529

Hansen Family Hospital

920 S. Oak
 Iowa Falls, IA 50126
 P. 641-648-7000
www.mercyonenorthiowaaffiliates.org

Harbor of Hope

3650 Cottage Grove Ave.
 Des Moines, IA 50311
 P. 515-244-0370
www.harborofhopeiowa.com

Hardin County Sheriff's Office

1116 14th Ave.
 Eldora, IA 50627
 P. 641-939-8190

Healing Hearts Therapy/Peggy Clark

806 7th St. #U2
 Boone, IA 50036
 P. 515-432-3206

H



Imagine the Possibilities

115 E. Lincolnway
Jefferson, IA 50129
P. 563-652-5252
www.imagineia.org

1809 W 2nd Ave.
Indianola, IA 50125
P. 515-961-6918
www.imagineia.org

2521 University Blvd., Suite 124
Ames, IA 50010
P. 563-652-5252
www.imagineia.org

603 W Green St.
Winterset, IA 50273
P. 563-652-5252
www.imagineia.org

610 10th St.
Perry, IA 50220
P. 515-465-7541
www.imagineia.org

927 8th St.
Boone, IA 50036
P. 515-432-7288
www.imagineia.org

In Perspective, PLLC

1A N 4th St.
Marshalltown, IA 50158
P. 641-753-0440

Indianola Police Department

110 N. 1st St.
Indianola, IA 50125
P. 515-961-9400

Integrated Health Services

9 N. 4th Ave.
Marshalltown, IA 50158
P. 641-752-1585
www.centerassoc.com

Integrated Treatment Services

303 S. 2nd Ave. W.
Newton, IA 50208
P. 641-792-0045
www.integratedtreatmentservices.org

Iowa Domestic Abuse

P. 800-942-0333
www.cfowa.org

Iowa Falls Police Department

321 Stevens St.
Iowa Falls, IA 50126
P. 641-648-6464

Iowa Methodist Medical Center

1200 Pleasant St.
Des Moines, IA 50309
P. 515-241-6212
www.unitypoint.org

Iowa Specialty Clinic

403 1st St. SE
Belmond, IA 50421
P. 844-474-4321

1316 S. Main St.
Clarion, IA 50525
P. 844-474-4321

700 2nd St. SE
Hampton, IA 50441
P. 641-812-1094
www.iowaspecialtyhospital.com

Innovative Counseling & Consulting, Inc.

511 Duff Ave. Lower Level
Ames, IA 50010
P. 515-235-5224
www.innovative-counseling.org

Iowa State University Department of Public Safety (DPS)

2519 Osborn Dr.
Ames, IA 50011
P. 515-294-4428
www.dps.iastate.edu

Iowa State University Student Counseling

2505 Union Dr.
Ames, IA 50011
P. 515-294-5056 F. 515-294-5205
www.counseling.iastate.edu

**Iowa State University
Thielen Student Health Center**

2647 Union Dr. Iowa State University
Ames, IA 50011
P. 515-294-5801
www.health.iastate.edu



J

Jasper County Sheriff's Office

2300 Law Center Dr.
Newton, IA 50208
P. 641-792-5912

Jeff Wells

815 1/2 5th Ave.
Grinnell, IA 50112
P. 641-236-4680
www.mindfulgrinnell.com

Jewell Police Department

701 Main St.
Jewell, IA 50130
P. 515-827-5477

Journey Counseling & Consultation

113 Colorado Ave., Suite 111
Ames, IA 50014
P. 515-292-9697
www.counselingames.com

K

Kai Lani Center, LLC

2603 Northridge Parkway, Suite 103
Ames, IA 50010
P. 515-338-2929

Kavanaugh Counseling and Consulting, LLC

208 5th St., Suite 104
Ames, IA 50010
P. 515-585-1035

Kingdom Living

PO Box 843
Des Moines, IA 50301
www.kingdomlivingia

Kun-Hong Lu

810 5th Ave.
Grinnell, IA 50112
P. 641-236-8811

KW Counseling – Kevin Wilson

1015 Union St.
Boone, IA
P. 515-720-1544

L

LeGrand Police Department

104 W Main St.
LeGrand, IA 50142
P. 641-479-2464

Life Connections

P. 641-903-7759
www.life-connections.org

Lotus Community Project

2980 170th St.
Vincent, IA 50501
515-571-8802

Lutheran Services in Iowa (LSI)

106 16th St.
Waverly, IA 50677
P. 319-352-2630
www.lsiowa.org

111 W 15th St.
Davenport, IA 52803
P. 563 -322-7419, ext. 15
www.lsiowa.org

1323 Northwestern Ave.
Ames, IA 50010
P. 515-232-7262; Referrals: 888-457-4692
www.lsiowa.org

302 W. Church St.
Marshalltown, IA 50158
P. 641-328-1040
www.lsiowa.org

Lutheran Social Services

1005 Beach St.
Webster City, IA 50595
P. 515-832-3043
www.stpaulwebstercity.org

M

Madison County Memorial Hospital

300 W. Hutchings St.
Winterset, IA 50273
P. 515-462-2373
www.madisonhealth.com



Madison County Sheriff's Office

1012 N. John Wayne Dr.
Winterset, IA 50273
P. 515-462-3575

Madrid Police Department

304 S. Water St.
Madrid, IA 50156
P. 515-795-3113

Mainstream Living

2012 E. 13th St.
Ames, IA 50010
P. 515-232-8405
www.mainstreamliving.org

Marshall County Sheriff's Office

2369 Jessup Ave.
Marshalltown, IA 50158
P. 641-754-6380

Marshalltown Police Department

909 S. 2nd St.
Marshalltown, IA 50158
P. 641-754-5725

Mary Greeley Medical Center

1111 Duff Ave.
Ames, IA 50010
P. 515-239-2011
www.mgmc.org

Mary Greeley Medical Center

Transitional Living Center - Subacute

124 S. Hazel Ave.
Ames, IA 50010
P. 515-239-6747
www.mgmc.org

Mary Greeley Medical Center – OP Bx Health

(Located within hospital)

1111 Duff Ave.
Ames, IA 50010
P. 515-239-6888

Mason City Clinic

123 1st Ave. SW
Hampton, IA 50441
P. 641-494-5170
www.mcclinic.com

Megan Berryhill, ARNP

709 1st Ave. W
Newton, IA 50208
P. 641-275-7759

MercyOne Des Moines Medical Center

1111 6th Ave.
Des Moines, IA 50314
P. 515-247-3121
www.mercyone.org

MercyOne Newton

204 N. 4th Ave. E
Newton, IA 50208
P. 641-792-1273 F. 641-787-3165
www.mercyone.org

MercyOne North Iowa

1000 4th St. SW
Mason City, IA 50401
www.mercyone.org

MercyOne West Des Moines Medical Center

1755 59th Place
Des Moines, IA 50266
P. 515-358-8000
www.mercyone.org

Mid Iowa Triumph Recovery Center

204 E Linn St., Suite A
Marshalltown, IA 50158
P. 641-751-7656

Midwest Counseling

818 4th Ave.
Grinnell, IA 50112
P. 641-236-1644
www.midwestcounselingllc.com

Midwest Counseling

307 W Main St., Suite 2
Marshalltown, IA 50158
P. 641-352-3031
www.midwestcounselingllc.com

Monroe Police Department

107 N. Monroe St.
Monroe, IA 50170
P. 641-259-2311

Moonstone Wellness

16 E. Main St., Suite 115
Marshalltown, IA 50158
P. 515-393-4270
www.moonstonellc.com



N

NAMI Central Iowa

424 5th St.
Ames, IA 50010
P. 515-292-9400
www.namcentraliowa.org

Network Community Counseling Services

W112 Lago Hall
Ames, IA 50011
P. 515-294-1898

Nevada Police Department

1209 6th St.
Nevada, IA 50201
P. 515-382-4593

New Journey Counseling

208 5th St., Suite 150
Ames IA 50010
P. 515-232-1977

Newton Police Department

101 W. 4th St. S
Newton, IA 50208
P. 641-791-0850

North Star Community Services

307 W Main St., Suite 4
Marshalltown, IA 50158
P. 641-754-4842
www.northstars.org

Northern Lights Alliance for the Homeless Shelter

307 N. Monroe Ave.
Mason City, IA 50401
P. 641-380-0047
www.northernlightsshelters.org

Norwalk Police Department

100 Chatham Ave.
Norwalk, IA 50211
P. 515-981-0666

O

Ogden Police Department

513 Walnut St.
Ogden, IA 50212
P. 515-275-4562

Okerberg and Associates

6139 US Hwy 69
Ames, IA 50010
P. 515-577-6595

One Vision

707 Prospect St.
Webster City, IA 50595
P. 515-823-9620
www.onevision.org

Optimae Life Services

101 E. Southridge Rd.
Marshalltown, IA 50158
P. 641-351-4447
www.optimaelifeservices.com

104 Hazel Ave.
Ames, IA 50010
P. 515-956-2600
www.optimaelifeservices.com

1730 1st Ave. E.
Newton, IA 50208
P. 641-787-9133
www.optimaelifeservices.com

213 Duff Ave. #1
Ames, IA 50010
P. 515-243-3525
www.optimaelifeservices.com

803 1/2 Main
Adel, IA 50003
P. 515-993-4973
www.optimaelifeservices.com

Ottumwa Community Outreach Ministry

325 E. Main St.
Ottumwa, IA 52501
P. 641-684-2099

P

Patti Campidilli

100 S B St.
Indianola, IA 50125
P. 515-962-9126



P, cont.

Peace of Mind Counseling Services

117 Buxton St.
Indianola, IA 50125
P. 515-962-5561

www.peaceofmindindianola.com

Plains Area Mental Health Center

106 W. Washington St.
Jefferson, IA 50129
P. 712-792-2991

www.plainsareamentalhealth.org

Poweshiek County Dispatch

4802 Barnes City Rd.
Montezuma, IA 50171
P. 641-623-5679

Prairie City Police Department

203 E. Jefferson St.
Prairie City, IA 50228
P. 515-994-2649

Prairie Ridge

123 1st Ave. SW
Hampton, IA 50441
P. 641-456-2365

www.prairieridge.net

Progress Industries

202 N. 3rd Ave. W.
Newton, IA 50208
P. 641-792-6119 F. 641-792-0337

www.progressindustries.org

R

REM Iowa

21 S. 2nd Ave.
Marshalltown, IA 50158
P. 641-753-4133

www.remiowa.com

Rhonda's House

1131 Hospital Dr.
DeWitt, IA 52742
P. 563-659-1171

River Valley Therapy Clinic - Jeremy Stumbo

245 W. Walnut St.
Ogden, IA 50212
P. 515-290-2259

www.rivervalleytherapyclinic.com

103 E. 6th St. Ste. 100

Ames, IA 50010
P. 515-290-2259

www.rivervalleytherapyclinic.com

Rosedale Shelter (YSS)

703 Burnett Ave.
Ames, IA 50010
P. 515-233-2330

S

Safe Harbor Crisis Center

706 Cedar Ave.
Woodward, IA 50276
P. 515-438-2331 F. 515-334-4086

Sheffield Police Department

110 S 3rd St. Sheffield, IA 50475
P. 641-892-4301

Shelter House

429 Southgate Ave.
Iowa City, IA 52240
P. 319-351-0326 F. 319-358-7132

www.shelterhouseiowa.org

Shelter Housing Corporation

dba The Bridge Home (Formerly ERP)

225 S. Kellogg Ave.
Ames, IA 50010
P. 515-232-8075

Spring Harbor

523 S. Illinois St.
Mason City, IA 50401
P. 641-201-8990

St. Charles Police Department

105 Milwaukee Mall
St. Charles, IA 50240
P. 641-228-3366



State Center Police Department

144 4th St. SE
State Center, IA 50247
P. 641-483-2107

Station Clubhouse

729 Pearl St.
Grinnell, IA 50112
P. 641-236-5325
www.capstonebh.com

Steiner & Associates

16 E. Main St.
Marshalltown, IA 50158
P. 641-844-1200 F. 641-844-1204
www.steinerpsych.com

821 5th Ave. Suite 105
Grinnell, IA 50112
P. 641-844-1200
www.steinerpsych.com

Story City Police Department

508 Broad St.
Story City, IA 50248
P. 515-733-2646

Story County Medical Center

640 S 19th St.
Nevada, IA 50201
P. 515-382-2111

Story County Sheriff's Office

1315 S B Ave.
Nevada, IA 50201
P. 515-382-6566

Substance Abuse Treatment Unit of Central Iowa (SATUCI)

611 4th Ave.
Grinnell, IA 50112
P. 641-236-8662
www.satuci.com

9 N. 4th Ave.
Marshalltown, IA 50158
P. 641-752-5421
www.satuci.com

T

Tammy Foster Harber

521 1st Ave. E.
Newton, IA 50208
P. 641-787-0026

Team Restoration Ministries

Mailing Address:
1473 195th Ave.
Osceola, IA 50213

Practice Location:
14424 Kennedy St.
Indianola, IA 50125
P. 515-238-9010
www.team-restoration.org

The Rose Center

107 State St.
Boone, IA 50036
P. 515-298-4394
www.centraliowarecovery.org

Trinity House of Hope Women's Shelter

2 S Adams Ave.
Mason City, IA 50401
P. 641-423-5920

Turning Point Evaluation, Inc.

113 N. John Wayne Dr.
Winterset, IA 50273
P. 515-462-5967
www.turningpointevaluation.org

U

Unity Point Clinic - Indianola

301 East Hillcrest Ave.
Indianola, IA 50125
P. 515-961-3700
www.unitypoint.org

Unity Point Clinic - Norwalk

801 Colonial Circle
Norwalk, IA 50211
P. 515-285-3200
www.unitypoint.org



U, cont.

Unity Point Health

3 S. 4th Ave.
Marshalltown, IA 50158
P. 641-754-5151
www.unitypont.org

Unity Point Health - Eyerly Ball

1007 S. Jefferson Way
Indianola, IA 50125
P. 515-243-5181
www.unitypoint.org

105 S Marshall St.
Boone, IA 50036
P. 515-598-3300
www.unitypoint.org

2521 University Blvd. #121
Ames, IA 50010
P. 515-598-3300
www.unitypoint.org

2521 University Blvd. #121
Ames, IA 50010
P. 515-598-3300
www.unitypoint.org

945 19th St.
Des Moines, IA 50314
P. 515-241-0982
www.unitypoint.org

UnityPoint Health - Iowa Lutheran Hospital

700 E. University Ave.
Des Moines, IA 50316
P. 515-263-5612
www.unitypoint.org

Unity Point Trinity Regional Medical Center

802 Kenyon Rd.
Fort Dodge, IA 50501
P. 515-573-3101

V

Van Diest Medical Center

2350 Hospital Dr.
Webster City, IA 50595
P. 515-832-9400 F. 515-832-9420
www.vandiestmc.org

Vine Christian Counseling

414 Northwestern Ave., Suite 202
Ames, IA 50010
P. 515-233-3977

W

Warren County Sheriff's Office

1801 W. 2nd Ave.
Indianola, IA 50125
P. 515-961-1122

Waypoint

318 5th St. SE
Cedar Rapids, IA 52401
P. 319-365-1458
www.waypointservices.org

Webster City Police Department

400 Second St.
Webster City, IA 50595
P. 515-832-9166

William Martin, PhD

1015 Union St.
Boone, IA 50036
P. 515-433-0343

Willis Dady Shelter

1247 4th Ave. SE
Cedar Rapids, IA 52403
P. 319-362-7555 F. 319-362-7540
www.willisdadv.org

Winter Shelter

821 S. Clinton St.
Iowa City, IA 52240
P. 319-499-8004
www.ichomeless.org



W, cont.

Winterset Police Department

1012 North John Wayne Dr.

Winterset, IA 50273

P. 515-462-1423

Y

Youth Emergency Services & Shelters (YESS)

917 Southeast 11th St.

Des Moines, IA 50309

P. 515-282-9377



